



35°
Forecast | Radar



Tidbits for Cape and Islands foodies

March 03, 2010

SAUTE A DUCK

Wine expert Wendy Koder and Barnstable Restaurant and Tavern chef/owner Bob Calderone will host a wine tasting and mini cooking lesson at 6 p.m. Monday. The "Sip and Saute" event will feature Calderone preparing an Asian Seafood Soup and Sauteed Duck Leg and Breast with Ginger and Red Wine Sauce. The lesson will include a demonstration of how to remove bones from a duck. Koder will pair a Gewurztraminer from Bloom Vineyards and a Riesling from Five H for the Asian Soup and then a Carmenere from Culpeo and a Meritage from Five H vineyards for the duck. Tickets are \$45, inclusive. Reservations: 508-362-2355.

Text Size: [A](#) | [A](#) | [A](#)

Print this Article Email this Article

ShareThis

LOCAL HEROES

Doug and Dianne Langeland, publishers of Edible Cape Cod (www.ediblecommunities.com), recently announced Cape food folks whom the quarterly magazine's readers have chosen for awards created by Edible Communities. Those honored make significant contributions to the local foods movement for each region where an Edible magazine is published. Cape recipients of the 2009 awards are: Les Hemmila, Barnstable Seafarms, local farm; Matyus Vogel, Truro Vineyards (www.trurovineyardsofcapecod.com), beverage artisan; Paul Olaf Lively, The Chocolate Peddler (www.chefpaulstruffles.com), food artisan; Rick Horton, The Naked Oyster, Hyannis (www.nakedoyster.com), chef/restaurant; and Cape Cod Commercial Hook Fishermen's Association (www.cchfa.org), nonprofit organization.

Related Stories

- [The Dish Doctor is in](#)
- [Oscar-inspired cocktails to toast the movies](#)
- [Paying the Green Fairy a visit](#)
- [Rethinking traditional steak and potatoes](#)
- [Easy-to-make dumplings in even easier soup](#)

PILS NEWS

From Cape Cod Times beer writer Richard Holmes: Boston Beer knew it had a winner on its hands when customers last year chose Samuel Adams Noble Pils in the fifth annual Beer Lovers Choice contest. So the company replaced its White Ale as the spring seasonal offering with Noble Pils.

A good decision. Noble Pils is one of better brews from Boston Beer and gives the company's Boston Lager strong competition with its biscuity pilsner malt and clean bite of five German and Czech hops. Boston Lager contains two of the same hops. Not surprising, since Czech and German pilsners were the beers so many American brewers looked to when they created the watered-down versions that still dominate the market today. Something approaching the real deal is a revelation.

Noble Pils is available while supplies last in six- and 12-packs and on tap at area pubs.

O, WHAT A GIFT

When Oprah Winfrey recently asked her former personal chef what he wanted for his 50th birthday, Art Smith's first thought was a new treadmill.

Aim higher, she told him.

How about a check to help fund the sort of healthy eating programs for children called for by another of his high profile clients, first lady Michelle Obama? Done.

On Monday, during a party hosted by celebrity chef Nigella Lawson, Smith says he'll formally announce the \$250,000 donation from Winfrey to his Common Threads nonprofit. "I'd like to take this money to create healthy programs for children that mirror the first lady's program," said Smith, who recently lost 90 pounds thanks to his own healthy eating reforms.

Earlier this month, Michelle Obama announced her "Let's Move" campaign, an effort to teach children healthier eating habits and to get better foods into school lunch programs.

THE ASSOCIATED PRESS

[HOME](#)

[FIND IT!](#)



\$19,347
[2007 Ford Edge](#)
Balise Hyundai of Cape Cod



\$5,495
[2001 Ford Taurus](#)
Chatham Ford



\$18,995
[2008 Honda CR-V](#)
Hyannis Honda



\$14,995
[2008 Mazda MAZDA6](#)
Chatham Ford

[View All Featured Autos](#)

capecodONLINE.com DEAL OF THE WEEK

Double Points March

This coupon entitles you to earn double points on your Royalty Reward Card!...

Clancy's of Dennisport

[SEE ALL ONLINE TODAY](#)

[MORE >>](#)

\$25 OFF Dinner for 4
Alberto's Ristorante

Buy \$100 Gift Card for \$75
Alberto's Ristorante

MARCH SPECIALS ONLY \$5.00
Meetinghouse Package

Double Points March
Clancy's of Dennisport

Ads by Google

Magical Oceanfront Rental

On The Atlantic Ocean In Truro 1860's Charm, All Modern Amenities

GoodheartProperties.com

Cape Cod Asphalt Paving

Paving, excavation and demolition Sitework and septic since 1977

www.capecodpaving.net

Sport Fishing on Cape Cod

Fish striped bass, shark, blues 35 ft boat- browse our picture page

www.CapeCodSportfishing.com



Ads by Google

Today's most viewed articles

- Cape family struggles to save vessel - 3/3/2010
- Newlywed Hyannis couple spends night in jail - 3/3/2010
- Juicy crime in Falmouth baffles local police - 3/2/2010
- Nut-free policy divides Sandwich school - 3/3/2010
- Hyannis newlyweds spend first night in jail - 3/2/2010
- Orleans District Court - 3/3/2010

Clancy's Welcomes Back the Dave Richardson Band March 6
Clancy's of Dennisport

\$3 Off The 'Works Wash' Sandwich Car Wash

◀ PREV LOCAL REVIEW NEXT ▶

Dog House Restaurant ★★★★★

Love the Dog House!! Every kid who visits us can't wait to go to the Dog House.Great food and service and...

[more](#) posted on 9/10/2009

Become a member of the Cape Cod Times and enjoy the convenience of home or office delivery



[subscribe to the Cape Cod Times](#)

TERMS OF USE | COPYRIGHT | PRIVACY POLICY | SITE MAP | CONTACT US | NIE | ADVERTISE | MOBILE | BUY PHOTOS |

Copyright © 2010 Cape Cod Media Group, a division of Dow Jones Local Media Group. All Rights Reserved.